

### **All Surface Spray**

This spray is effective on everyday dirt and grime, wipes up without leaving any residue, and is safe to use on most surfaces; cleaning counters, walls, spills, and more.

1 ea. 16 oz spray bottle  
2 tsp. borax  
hot water  
1/4 tsp liquid castile soap

Put the borax in the spray bottle, fill the bottle with hot water, shake until the borax is dissolved, and then add the soap. Spray on surfaces, wait a minute or 2, and wipe off.

### **All-purpose Liquid Cleaner**

This formula is ideal for washing floors, cars and any other large jobs. Make in a bucket

1 gal. hot water 1 T. baking soda  
2 T. liquid soap or detergent  
Add soap last, it prevents it from foaming

### **Glass Cleaner**

1 cup distilled vinegar  
1 cup water  
1/2 tsp. liquid dish soap (optional)  
3-8 drops essential oil (optional)  
Soap is needed to dissolve the waxy build up left behind by conventional cleaners, once the build up is gone you can leave out the soap.

### **Dishwasher powder**

1/4 c. citric acid  
1 1/2 c. borax  
15 drops essential oil (optional)  
Use 1 T. per load. Shake each time before using, increase amount if you have hard water. Buy citric acid in bulk online.

### **Lemony Eco-Friendly Floor Cleaner**

1 gallon water  
3/4 cups olive oil  
1/2 cup rubbing alcohol  
1/2 cup lemon juice  
Leaves wood floors looking shiny.

### **Countertops and Sinks**

#### **Baking Soda and Water:**

Keep counters clean by sprinkling with baking soda, then scrubbing with a damp cloth or sponge. If you have stains, knead the baking soda and water into a paste and let set for a while before you remove. This method also works great for stainless steel sinks, cutting boards, containers, refrigerators, oven tops and more.

#### **Kosher Salt and Water:**

If you need a tougher abrasive on sinks and cast iron pans, sprinkle on kosher salt, and scrub with a wet cloth or sponge.

#### **Vinegar:**

Fill a spray bottle with equal parts white vinegar and distilled water. This basic mixture will clean and sanitize surfaces and destroy food odors. Temper the vinegar smell by adding a

splash of lemon juice. It's important to mix with pure water instead of regular tap, says Danny Seo, environmental expert and author of the Simply Green series. Using tap water is fine for immediate use but over time it can turn your homemade concoction into a horribly smelly mess.

### **Cutting Boards**

Use pure vinegar to sanitize wooden cutting boards. Try pouring kosher salt on the board's surface as well to serve as an abrasive that will rub o! stains and prevent discoloration. Lemon: Make a stinky cutting board smell fresh by slicing a lemon in half, then rubbing the cut side over the surface of the board. You can also remove stains from countertops by rubbing them with undiluted lemon juice. Let sit for a while (a few hours for really bad stains) and wipe clean. But don't employ this method on marble and granite surfaces — lemon is too corrosive.

### **Tea Tree Oil, Water and Liquid Soap**

To knock out germs, mix:  
2 cups of water  
3 tablespoons of liquid soap  
20 to 30 drops of tea tree oil  
Spray or rub on countertops and other kitchen surfaces.

### **Ovens**

#### **Baking Soda and Water:**

Coat the inside of your dirty appliance with a paste made from water and baking soda. Let stand overnight. Then, don gloves and scour off that grime. Make spotless with a moist cloth.

### **Need a faster microwave de-grimer?**

Put 1 cup of water and 2 tsp. baking soda in a 4-cup microwave-safe container. Microwave for 4 to 5 minutes, then wipe the inside with a sponge.

### **Lemon:**

Put half a lemon in a three-quarters-full bowl of cold water and cook on high in the microwave for three minutes. The fresh citrus smell gets rid of cooking odors and the condensation from the steam loosens dirt and makes it easier to wipe o! with a damp cloth afterward.

Compiled by Makyla Whitney-Zimmer  
for a Workshop sponsored by:



www.SustainableLivingProject.net  
SustLivingProject@gmail.com  
315.347.4223